At Brainstorm we provide programs that assist with Optimum Brain Function, helping your little super hero become the best version of themselves.

Childhood development is an organised sequenced flow of natural stages. These stages are influenced by various factors, like: trauma, genetic, acquired, chemical or unknown. Such factors can impede this flow and create blockages along the pathway for neurological growth. Various learning difficulties are often caused by a neurological immaturity or problem with this pathway.

The conduction of messages, to, from, and within the brain of a child experiencing difficulties with learning, is usually found to be inefficient. Often, the two sides of these children’s bodies, and therefore their brains, aren’t working effectively together.
When the BRAIN and nervous system is unbalanced or unhealthy, often the child's learning and behaviour may impede. Clumsiness and falls are common for motor control learning during a child's development. For some children though clumsiness extends well past the usual period of early childhood.

Children who have poor coordination often show delayed gross and fine motor skills. These skills vary from running and catching balls to balancing and tying shoelaces. Difficulty can also often be noted with language and communication.

A child’s brain development can be outlined in the central nervous system pyramid. Each level has its functions which are essential for that stage in the child's life. **Academic learning and behaviour are at the top of this hierarchy. If foundations are missing or not as stable as they should be the child may show problems in this area. ADHD, OCD, dyslexia, anxiety, depression and many others are all problems at the top of the hierarchy and may originate from disorganised brain development.**

Our approach is to thoroughly assess a child’s nervous system identifying any areas of dysfunction or problems. Through a program of specific stimulation, a ‘brain gym’, the child can get back on the correct development path and mature as intended. We achieve this via various movement-based programs, integrating the entire brain, senses and body and providing the child with physical skills to live and learn more efficiently.

Our paediatric trained professionals engage children to become all they can be. Whatever the challenges – our rehabilitation team will use age-appropriate strategies to meet your child’s current physical, emotional, social and academic challenges – and lay the foundation for future progress and success.